

BARELY LEGAL WITH NATE AMENDOLA

Criminal Defense Law Firm in Massachusetts

What To Do if A Family Member is Arrested

Bad things happen to good people. Most of my clients are normal everyday people that get ensnared in ambiguous circumstances. Your brother, sister, mother, or spouse could need a criminal defense lawyer at a moment's notice. This happens all the time to people who least expect it. If your loved one has been arrested, the first thing you need to do is get them bailed out of the police station. This is different from bail for court. This type of bail gets them out of the holding cell at the police station prior to their appearance in court, which is usually the next day. The amount of bail varies wildly depending on the allegations. Many first-time offenders are released on their promise to appear (personal recognizance) plus the \$40 bail commissioner fee. The next thing you need to figure out is the location of the arraignment, which will be at a district court. Keep in mind that the district attorney handling the case may ask for additional bail on the new criminal case. That's why it's a good idea to bring a lawyer with you to court. He or she can negotiate with the prosecutor for no cash bail (just a promise to appear at all court appearances), conditions of pre-trial release, or some combination of cash and conditions. The idea is to get your loved one home as soon as possible. Then they'll work with their lawyer to come up with a theory of the case and win!

Great Documentary

Saltwater fly fishing has long been my sole passion (and hunting for ancient Native American artifacts), but I'm currently getting really into golf. I played a little in college and I'm trying to relearn. The Netflix documentary Full Swing has reignited my interest (which I can tell you will turn into a passion). I'm really inspired by the players on the tour. The mental and physical requirements for peak performance in golf are oddly linked, in my mind, to extraordinary performance in the courtroom. I've learned a lot about discipline by watching this series. 5 stars.

Full Swing on Netflix

Book Recommendations

SIDDHARTHA HERIMANN HESSE

Siddhartha

By: Hermann Hesse

Ahh, another classic! This is one of the original, philosophical/inner journey novels. I'm copying from Amazon because they say it better than I can: "It is the story of the quest of Siddhartha, a wealthy Indian Brahmin who casts off a life of privilege and comfort to seek spiritual fulfillment and wisdom. On his journey, Siddhartha encounters wandering ascetics, Buddhist monks, and successful merchants, as well as a courtesan named Kamala and a simple ferryman who has attained enlightenment. Traveling among these people and experiencing life's vital passages—love, work, friendship, and fatherhood—Siddhartha discovers that true knowledge is guided from within."

The Art of Learning: An Inner Journey to Optimal Performance

By: Josh Waitzkin

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This is a very good book by a very interesting person. Waitzkin is a National Chess Champion and was the inspiration for the movie Searching for Bobby Fisher. I've heard him on a couple of podcasts, and he sounds like the kind of guy I'd want in my inner circle. As always, this is a must-read.

What I'm Listening To

Your Mother Should Know: Brad Mehldau Plays the Beatles

Brad Mehldau

There shan't be a doubt that Brad Mehldau is the greatest living jazz pianist. Definitely a hard-core jazzer, these days it seems hard to pin down his style. All I can say is his stuff is great. Check out his newest album.

