



## Criminal Defense Law Firm in Massachusetts

### Is it a Crime to get into a Car Accident?

We all know that driving is dangerous. That's why we shouldn't text and drive or drink and drive. Driving is a complicated task that requires undivided attention. But the fact is, accidents do happen. I've seen an uptick in car accidents that have turned criminal. Negligent operation is a crime in Massachusetts, and the penalties are rather harsh. To be found guilty, the Commonwealth must prove that you were the driver of the car, that you drove the car on a public way, and that you drove in a negligent manner so that the lives or safety of the public might have been endangered. In Massachusetts, a person acts negligently when they fail to use due care. In other words, someone acts in a way that a reasonable person would not act. The trouble for defense lawyers is that juries often believe that if a person was acting with due care, they wouldn't have gotten into the accident in the first place. This can make negligent operation cases tricky. If you're found guilty of this crime, the Registry of Motor Vehicles will suspend your license for 60 days. To make matters worse, if the judge sentences you to jail, it will be for a minimum of 14 days. Just be careful out there.

### Three Things I Learned This Summer

- It's easy to grill really good steak and chicken. First, grease the hot grill plates with olive oil. Second, use a meat thermometer every time. This one's expensive but works great.

[Thermapen® ONE](#)

- The 3-2-1 Email Newsletter written by James Clear is a must. He wrote Atomic Habits (which is also a must-read). He sends out his newsletter every Thursday. It is short and simple but very valuable.

[3-2-1 Newsletter](#)

- Losing weight is as easy as calories in, calories out. But the better thing to do is adopt a healthy diet and lifestyle. I really like what Carnivore MD has to say.

[Paul Saladino M.D.](#)

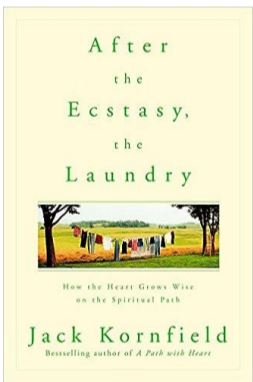
### Book Recommendations



#### [The Moviegoer](#)

By: Walker Percy

Follow stockbroker Binx Bolling as he tries to give his life meaning in 1960s New Orleans. Funny and at times sad, this is a good one to read while on vacation.



#### [After the Ecstasy, the Laundry](#)

By: Jack Kornfield

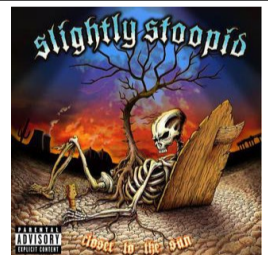
It's one thing to read all these books about philosophy and self-optimization. It's another to realize that even as you orient yourself to a better lifestyle, there will always be boring and mundane parts of life. This book will help you marry the two.

### Totally Awesome Summer Music

#### [Closer to the Sun](#)

Slightly Stoopid

Every song on this album is happy and sunny. Perfect for the summer.



#### [GarciaLive Volume 20: June 18th, 1982 Cape Cod Coliseum](#)

Jerry Garcia Band

I once heard the Jerry Garcia Band as the world's best bar band. I think it's total groove.



#### [Moving Pictures](#)

Rush

The greatest prog rock band (after Tool, of course). Turn up the volume.

