



Criminal Defense Law Firm in Massachusetts

The Secret to Wining Jury Trials

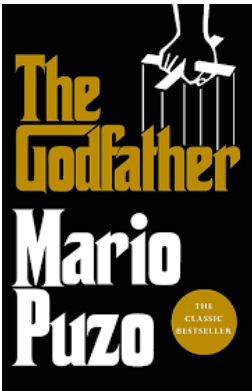
It's been said that criminal cases are rarely, if ever, won in the courtroom. The key to success is to out-prepare your opponent, pick a theory of defense, and stick with it. I won an impaired driving trial last week on a theory I use a lot: the driver was scared, not impaired. A car had been traveling on a one-way street, hit something, and rolled over on its passenger side. The police tried but couldn't get my client out of the car because the doors were all busted up. She was literally trapped inside, crying and hyperventilating. The only way to free her was to cut the windshield and pull her out. She told the police that she had been in a fight with her boyfriend and had consumed two drinks. Shen performed a few sobriety tests, which of course resulted in her arrest for drunk driving. I didn't put on a single witness and won this case by cross-examining the cop. Consider the following cross questions: "When you got to the car, you looked inside?" (Yes) "You saw a woman?" (Yes) "Crying hysterically?" (Yes). "To use your words, visibly in distress?" (Yes). "She was strapped into her car seat?" (Yes) "Hanging sideways in the air?" (Yes) "You wanted to help her?" (Yes) "You wanted to get her out of the car?" (Yes) "You tried to open the front driver's side door?" (Yes). "It wouldn't open?" (Correct). "You tried to open the rear driver's side door?" (Correct). "It too wouldn't open?" (Correct). "Despite your best efforts, you couldn't get her out?" (That's right) "She was trapped?" (Correct) "The fire department had to cut the windshield." (Yes). "With a saw?" (Yes) "That was the only way to get her out?" (Yes) "At the saw as cutting, how far was the blade from her face?" (A foot or two). "After she was extracted from the car, she was crying?" (Yes) "She was crying more after having the saw in her face?" (What's he going to say, no?!) "It was your expectation, was it, that she would have no problems with balance or following instructions after she'd been hung sideways, trapped, and then cut out of her car?" The jury got the point.

Physical and Mental Performance

It's easier now to be mentally and physically fit than ever. Yet, on the other hand, the poor American diet and work-till-you-die ethos threaten our well-being in an obvious way. Get ahead of it all and live longer and happier. Check out Time Ferriss' podcast with Dr. Andrew Huberman to learn about the foundations of physical and mental performance.

[The Tim Ferriss Show Podcast](#)

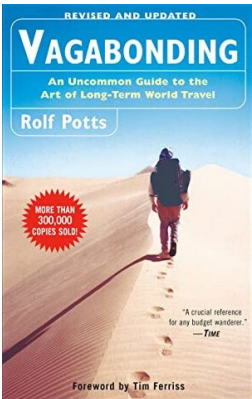
Book Recommendations



[The Godfather](#)

By: Mario Puzo

I'm going to say something controversial- the book is better than the movie(s).



[Vagabonding](#)

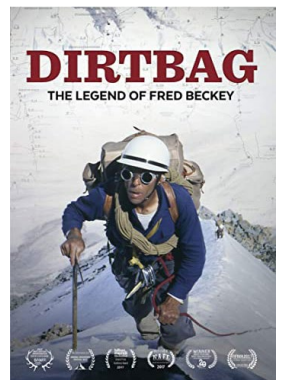
By: Rolf Potts

I think this is more of a philosophical piece than a how-to book, but in any event, I read this many years ago and have since enjoyed re-reading it.

Documentary

[Dirtbag: The Legend of Fred Beckey](#)

Riveting. Trust me, you'll love it. If people lived their true, authentic lives, I think the world would be a happier place. This film should be watched, even if you know nothing about mountain climbing. Fred Beckey lives to climb and it's inspiring to see someone so dedicated to their craft.



[Watch on Amazon Prime](#)